

WEEK 4

# YOUNG ADULT TABLE TALK "LIT"

## Proverbs 2:6

For the Lord gives wisdom;  
From His mouth come  
knowledge and understanding.

## Devotion

Many of us have felt turbulence of some sort in our lifetime. Whether it's financial turbulence, health turbulence, family turbulence, identity turbulence or actual turbulence on a plane. Regardless of the turbulent situation, many people seek to find a way out of the turbulence. However, how much time is spent deliberating with God and how much time is spent trying to figure it out on your own? When God is left out of critical situations, extra baggage tends to be added, because of the bad decisions we make trying to get out of a bad situation without guidance. It's like bringing an extra bag to your flight because you thought you could bring two carry-ons, but this time you're flying with Spirit Airlines and not Southwest. These airline companies have different guidelines, and without reading the guidelines it would be easy to assume you could do what you always did with Southwest, however that is not the case in this situation. Now you are stuck paying for extra baggage. In this, many may learn that the real answer to not paying for extra baggage, is to read the guidelines before their flight. Likewise, if you lean not to your own understanding but seek God's wisdom first, He will make your path straight and relieve you from carrying unnecessary baggage in an already turbulent situation.

## Learn Something New

## Bottom Line

In this life we will feel turbulence in the midst of trials, that's a promise from God. While flying through turbulence, passengers on a plane forget they have a well trained pilot flying them through the turbulence. In that same manner, many believers lose sight of God when life gets shaky, and forget to seek out wisdom from heaven. But if we can just focus our eyes on the Lord, give Him control and seek His wisdom, He will lead us through the turbulence while we rest in Him.

## Challenge

- What is your response in turbulence? Do you panic or do you trust the pilot (God)?