

# Life on Life

## Women's Bible Study

*Learn the Word, Live the Word, And Love Each Other.*

Tuesdays @ 9:30 am • Education Center Youth Room A

Welcome Back to Life on Life!

SEPTEMBER 2020



## CALENDAR

9/15/2020 [The 28 Day Prayer Journey Study Guide](#)

9/22/2020 LOL Mentor/Mentee Signups

**Topic:** [Life On Life Women's Bible Study](#)

Time: 09:30 AM Central Time (US and Canada)

every week on Tuesday

Meeting ID: 820 1134 8588  
Passcode: 659865



## *The Power of Prayer*

How many times have we said, "I'm praying for you!" but never actually do? Have you ever seen a friend on Facebook asking for prayer and you mean to pray, but then days and weeks go by and your flooded schedule unintentionally takes precedence?

"I'm praying for you!"

We mean to... but are we really?

I'm including myself in that question because I'm guilty of it too. I intend to pray but that little phrase is so easy to use -- it's so quick to say those words with solid intentions but then not actually follow through on the promise.

(Continued on next page)

Is this your first time attending Life on Life?  
Do you need to be assigned a Virtual Table?  
Complete the [new attendee form](#) to be assigned!



## *“There are ways that you can practically make praying for others a normal part of your life.”*

I've been challenged as of late to be more actionable in prayer because prayer is not a polite thing you say in passing to make someone feel better; it's something you DO. It has movement behind it. And the movement prayer can make has more power than our individual efforts to show care by uttering a simple phrase.

What is the roadblock that stops us from praying when the opportunity to pray presents itself? What prevents us from taking five minutes out of our day to actually pray for those around us in our lives?

We're so used to going, doing, solving, and just plain 'ol talking..

You need a recipe for a quick, easy dinner? I can do that!

You need someone to send you something that I can order on Amazon?

Do you need tips on homeschooling, organizing, or even how to start writing a blog? I've been doing it for YEARS.

It makes us feel good to be able to readily solve a problem, offer a solution, or help and see the immediate results. We can delightfully write that into our schedules, because it feels helpful!

Prayer doesn't always feel that way. Sure, we agree to send up a prayer for someone but quickly forget once the seemingly actionable things in our life take precedence. Oftentimes, we don't know how to make prayer practical and real for ourselves.

There are ways that you can practically make praying for others a normal part of your life.

Send a few texts to your friends asking what they might need you to pray for. And when they respond, pray for them right then and there so you won't forget! Keep a small notebook of written prayer requests and every day at the same time pull it out and pray for each one. Set an alarm on your watch so that at the same time each day you are reminded to think about who you can pray for and make the time to do so.

While you might not *feel* that praying is a tangible solution, that's okay! You may not always feel that way. Prayer is an act of faith. "Now faith is confidence in what we hope for and assurance about what we do not see..." Hebrews 11:1 (NIV) At some point in our lives, we have to let our faith rise and speak louder than what we see in the natural.

*-Chrystal Hurst*

# Meet Our Facilitators!



**Karen Bigger**

I have been with LOL and OCBF for five years. I love crafting, DIY projects, reading, fitness, family and experiencing Christ every day. Are you ready to experience God through passionate prayers, fellowship, and lots of laughter as you develop new friendships and sisters-in-Christ? Come have a seat at the table!



**Sandra Brown**

I have been married 34 years to Larry Brown, have three children and four grandchildren. I retired after 41 years in Education, love cooking and baking. I was an OCBF member from 1989 to 1998 and returned in 2012. My service areas have been Outreach, Children's Ministry/Learning Center, FCA and Comfort and Care. I am praying for a great year of service wherever I can serve.



**Elandra Carder**

I have been married seven years and have one daughter. I work from home as President of Kingdom Plumbing, Inc. with my husband. I have been a member of OCBF since 2012, and like reading, studying, and movies. My table includes my daughter and several lovely ladies that love the Word of God.



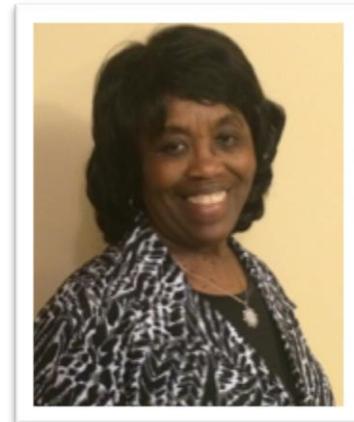
**Carmelita Brown**

I have attended Life on Life for 14 years and have been facilitating for 12 years. I am divorced with two daughters and one granddaughter. My table, "Whosoever Will," ranges from women 30-65 years of age. We are a group who loves to serve God and the Kingdom.



**Cassandra Bynum**

I joined LOL in 2015, and have been a facilitator over three years. I'm single and have one daughter. I'm excited about LOL because I see the change that God has done in my life and the sisters at my table. I'm looking forward to what He has in store for us this year.



**Ann Carter**

I have been facilitating with LOL since January 2006. I have been married 56 years, have two adult sons and three grandchildren. My table, "God's way – Crossing Boundaries," is a group of God-fearing students of the Word, ages 20-90. We are givers, whether it be little or much.



**Floristene Johnson**

I have been a member of Life on Life for five years and a widow for seven. Recognizing the unique needs of a widow for spiritual strength, I lead a special table for widows and friends. I serve in the Women of Courage Widow Support group and the OCBF comfort and care ministry.



**Joyce Curtis**

I have attended LOL for six years. This is my sixth year facilitating. I am married to James Curtis and have two children and three grandchildren. My table ranges from ages 25 to 70 with a mix of retired ladies, stay-at-home moms and working ladies. We are excited about our year of Life on Life!



**Kim Bradley**

I joined OCBF in November of 2017, LOL in September of 2018 and became a co-facilitator in September of 2019. I serve in our Comfort & Care Ministry and Guest Services Ministries. I'm also the co-facilitator for a small group and work with our Silver Stars. When I am not doing something with the church, my hobbies include reading, writing and acting.



**Ardina Colby**

Encouraging others with the love of God is my passion. I find great joy in using my gifts and talents for God's glory and for the building of His Kingdom. It is my pleasure to attend and serve at Life on Life for more than six years. My husband Reggie and I are blessed with three lovely daughters.



**Dorothy Gillenwater**

I have been a facilitator for eight years. I am married and have two adult children. I have been working as a prayer warrior for the last 40+ years and I find joy in serving the Lord and the ladies of Life on Life.



**Billye Hill**

I've attended three years and this is my third year as facilitator after serving as co-facilitator. I am married to Thomas, have two sons, and two wonderful grandsons. Women of God at my table range from 40s to 70s. I look forward to serving as we seek to continuously grow in the Word of God. May the praise of our God be our battle cry!



**Rubye Jackson**

I have attended Life on Life since 2013. I am divorced and have one adult son, one adult daughter and one granddaughter. This is my fourth year as a facilitator. I appreciate your prayers. I feel that I have the support of all the ladies at our table who are all seasoned saints.



**Virginia James**

I have been a member of Life on Life since 2014. This will be my sixth year serving as a facilitator. I am married and we have three adult children and four grandchildren. I knew that Life on Life was special because when I started attending they made me feel so welcomed. I love the stress-free environment and the depth of the teaching!



**Janice Norwood**

I've attended LOL since 2009. I'm serving a fifth season as facilitator after babysitting grandbabies. I've been married 47 years with three adult children, two of whom married giving me five grands. Our table is called Women of Courage Life. We invite women of any age group to fellowship and go deeper in life in Christ with us.



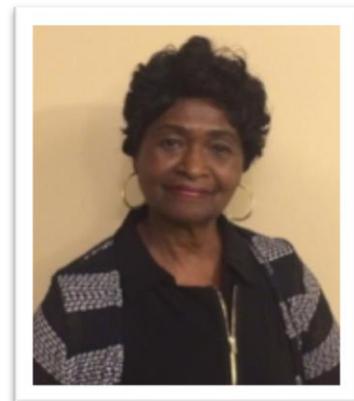
**Shelia Patterson**

I have attended LOL for eleven years and this is my tenth year facilitating. I am married with five children and 10 grandchildren. My table, "Titus 2, God's way," ranges from early 40s to late 70s with a mixture of retirees, stay-at-home moms, married women, divorcees, widows, singles and seniors.



**Essie Simon**

I have attended Life on Life for four years. This is my third year facilitating. I am retired, married with three children, six grandchildren and three great grandchildren. I am serving a table of new members of Life on Life.



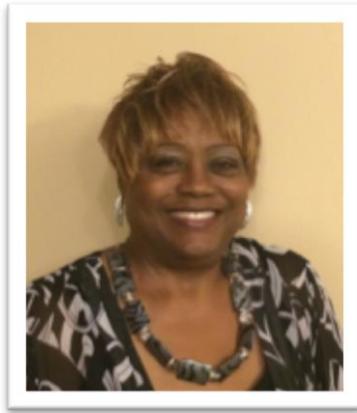
**Beverly Toles**

I am a long time member of OCBF and have attended Life on Life for 15 years. I am a family of one with many extended family members. I love to travel and teaching is my passion. I am grateful and humbled that God allows me to work with Life on Life and the women who desire to learn, grow, and serve in the Kingdom of God.



**Henrietta Vinson**

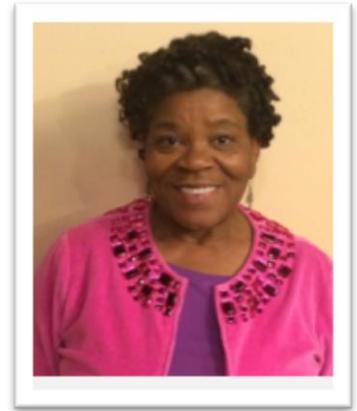
I have been a facilitator for ten years. I have two sons, and one daughter, seven grandchildren and, 12 great grandchildren. I enjoy serving at Life on Life.



**Gwendolyn White**

I have attended LOL for ten years and have had the joy of facilitating for eight years.

I have been married for over 40 years and have two adult children and one granddaughter. My table is comprised of women 40-70 who seek to grow continuously towards spiritual maturity.



**Ethel Williams**

I have attended LOL 12 years and facilitated seven years. I was married to the late Rev. Abe Williams Jr. for 40 years. We have four children and five granddaughters. My table is comprised of women from all over. We believe we can love on each other in a powerful way through prayer.



**Elois Cobbins**

I started attending LOL in 2004. I have been married for 38 years. We have a blended family of two sons, a total of 11 grands, and four great grands. I have been a facilitator for one year and a member of OCBF 36 years. I love the Lord.



**Teresa Robinson**

I have been attending Life on Life (LOL) since 2016. I enjoy encouraging women to be and grow in word of GOD as a small group leader, Stewardship class facilitator, co-facilitator with LOL mentor/ mentee program, Church deaconess and currently this a new table facilitator with LOL. I enjoy photography, cooking, being creative, reading, volunteering, thrifting, and having fun with friends and family.

# 2020-21 SERVICE TEAMS

## 1. Table Facilitators

**Coordinator: Tammara Hunt**

**Responsibilities:** Facilitator duties include leading weekly table discussion, maintaining regular communications with table members and attending monthly facilitator trainings. \*(Any individual interested in becoming a facilitator must have attended Life on Life faithfully for at least one semester or a six-month period and must be recommended by a current facilitator.)

**Virtual:** Facilitator training may be done virtually. All facilitators will lead their respective prayer and group time within the zoom platform on Life on Life meeting days.

## 2. Worship Team

**Coordinator: LaCracha Holley (Worship Leader)**

**Responsibilities:** Leading weekly praise and worship. Worship team members must arrive by 9am on Life on Life meeting days. Worship team members are also required to attend weekly rehearsals from 12:30 – 1:30pm or as scheduled by the worship team leader.

**Virtual:** Worship Leader will select 2 songs and send to the women's ministry coordinator on or before the Thursday(by noon) prior to LOL each week.

- Songs should have video and words to follow along when possible
- May use previously recorded live LOL worship videos if available

## 3. Friend Makers

**Coordinator: Billye Hill**

**Responsibilities:** Friend Maker volunteers will enthusiastically greet Life on Life participants, assist with seating, facilitate the flow of traffic and make follow up phone calls to first time visitors. They may also help assist individuals at the check-in kiosks.  
Service Time Commitment: 9:00am -10:00am

**Virtual:** Friend Makers will be responsible for receiving the list of new names each week and making a one-on-one contact (phone(preferred), text, e-mail) to welcome each new member. Additionally, they will welcome and inform new members on next steps of Life on Life involvement using an official Life on Life script.

#### **4. Room Set Up/Break Down** **Coordinator: Gwen Hughes**

**Responsibilities:** Volunteers will assist with setting up and breaking down table décor for Life on Life weekly meetings. Set up volunteers must arrive by 8:45am for set up and break down volunteers will need to stay after the bible study (usually 12:30 – 1:00pm) for break down.

**Virtual:** N/A

#### **5. Comfort and Care** **Coordinator: Zelda Freeman**

**Responsibilities:** Comfort and Care volunteers will reach out to any bereaved, sick or expectant/new mom Life on Life members. Service opportunities include providing meals, sending cards, making phone calls and home visits.

**Virtual:** Facilitators & Co-Facilitators should fill out the virtual comfort and care form on behalf of table members if/when comfort and care services are needed.

#### **6. Registration** **Coordinator: Raelynn Pineda**

**Responsibilities:** The registration team will assist with name tag distribution, kiosk sign in assistance, first time visitor questions and other administrative duties as assigned. Volunteers must arrive by 9:00am on Life on Life scheduled service days.

**Virtual:** Volunteers will work in conjunction with the Friend Makers team to follow up with any needs of newcomers or visitors. May also assist with any other virtual duties as assigned by Raelynn Pineda

#### **7. Missions** **Coordinator: Shelia Patterson**

**Responsibilities:** This team will coordinate LOL missional efforts with outside ministries. Responsibilities include getting donations delivered to appropriate parties on the last Tuesday of every month, or on designated days. May assist in coordinating outreach events. Additionally, this team will be responsible for providing updates and needs of OCBF missionaries.

**Virtual:** Coordinate with Missions/Outreach for Special Event features virtually

## 8. Prayer

**Coordinator: Chinedu Okafor**

**Responsibilities:** Coordinate the handling of prayer requests submitted by Life on Life participants. Prayer team members should be able to stay after Life on Life (usually 12:30 – 1:00pm).

**Virtual:** Facilitator Prayer time will be from 9am – 9:30am via Zoom prior to LOL meeting. Prayer Team will meet on Tuesdays after LOL on a separate zoom link or at another designated time.

## 9. Special Events

**Coordinator: Gail Nettles**

**Responsibilities:** This team will assist the Bible Study Coordinator with the planning and execution of Life on Life Special Features, workshops and annual events such as Table Décor Contest, Christmas Celebration, Baby bash, canned food drive, etc... Volunteers must be available for planning meetings as needed and to assist during special events.

**Virtual:** Events will be limited to those that we can do virtually such as: Hat Parade, Canned Food Drive/Baby Bash (likely a drop-off), Black history month program or any other event cleared by LOL leadership team.

## 10. Health and Wellness

**Coordinator: Dorothy Gillenwater**

**Responsibilities:** This team will coordinate health and wellness events/tasks as they relate to the ladies of LOL. This may include wellness special features, monthly blood pressure checks, distribution of wellness information, participation in the monthly newsletter, and promotion of church wellness activities. This team is responsible for coordinating a medical emergency plan for LOL and will need to coordinate all activities in connection with the OCBF medical ministry under the supervision of – Andriette Conley

**Virtual:** Will be limited to health-related videos and newsletter communication

## 11. Production

**Coordinator: Teresa Robison**

**Responsibilities:** This team is responsible for coordination of production, publicity and week to week tasks as they relate to LOL. This may include keeping time, recording messages during teaching times, securing pictures/videos and creating an annual end of year video. Additionally, this team of volunteers will coordinate the annual LOL “buzz room.” Volunteers will assist with power-points, microphones, and other LOL equipment or technical needs during the day of Bible Study. Team member should be available to welcome and assist our speakers or guests on the day of Bible Study. Production team members should arrive by 9:15 am and will generally be needed “intermittently” during the Bible Study. **Virtual:** N/A

## 12. Mentorship

**Coordinator: Alice Warren**

**Responsibilities:** This team will coordinate the mentor/mentee program each Bible Study Year.

- Goal: Ladies will connect with one another in a mentor/mentee relationship weekly, or as needed for the purpose of discipleship.
- Motto: Titus 2:3-5 "Older saints to mentor younger saints"

**Virtual:** Will continue with programming as determined by mentorship coordinator who will implement/make any necessary adjustments in order for it to be carried out virtually.

## 13. Bible Boot Camp Days

**Coordinator: Teresa Robinson**

**Responsibilities:** This team is responsible for coordinating the activity or activities for a designated "Bible Boot Camp Day."

**Virtual:** Will assist Raelynn/Registration Team as needed

\*In the event that LOL meetings are not held onsite, service teams may continue to serve as written above

\*Virtual video platform will be done via Zoom or any other agreed upon platform

\* Service Team Sign-ups will be put on hold during virtual meetings. However, we may ask for volunteers from "lesser functional teams" to assist "higher functional teams" during this time

# RESOURCE LINKS

**LOL Prayer Request Form**

<https://tinyurl.com/y6hdxr98>

**LOL New Attendee Form**

<https://tinyurl.com/y443dwss>

**LOL Comfort & Care Form**

<https://tinyurl.com/y6arurok>

**LOL Communication Form**

<https://tinyurl.com/y5wm7htw>

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[How to Use Zoom Video Tutorial](#)

[How to Change Your Zoom Name Instructions](#)

# HOW TO STAY SAFELY CONNECTED WHILE APART:

**Living Life Together**  
Here's How:

**SEND AN EMAIL**  
Send an email to Chinedu with cc to Karen with the information requested .  
  
Chinedu: chinedu02@gmail.com  
Karen: kbbigger@gmail.com

**TELL US WHERE DID YOU GO AND WHAT YOU DID**  
Give us a few sentences summarizing where you gave your time and what your table did. Don't forget to give us the Table # and Faciliator name.

**ONE MORE QUESTION**  
What was the best thing about your experience?

**We will publish one story in the monthly newsletter**

## *A FEW IDEAS:*

- Attending your local church online service
  - Sending the link to friends and family!
  - Watch virtually with someone else
- Coordinate a Zoom call for friends or family to make sure you stay in touch
  - Have a virtual brunch or weekly check in
- Schedule a drive by delivery
  - Groceries to a family or person in need
  - Delivering food to shelters
  - Or just a Wave By to say Hi to a neighbor

# NOTES

*Older women likewise are to be reverent in their behavior, not malicious gossips nor enslaved to much wine, teaching what is good, <sup>4</sup> so that they may encourage the young women to love their husbands, to love their children, <sup>5</sup> to be sensible, pure, workers at home, kind, being subject to their own husbands, so that the word of God will not be dishonored.*

*Titus 2:3-5*