

OAK CLIFF
BIBLE FELLOWSHIP



2019
ALL ABOUT WOMEN



FOR WOMEN AT
THE CLIFF



When Was the Last Time?



By Cynthia Dixson

Hey you! Yes, you, My darling daughter. I'm talking to you. Washing clothes, cooking dinner, cleaning the house, going to work, business meetings, soccer practice, parent meetings, feeding the kids, feeding your husband, picking up dry cleaning, daycare pickup, writing a term paper, checking homework, folding laundry, loading the dish washer, grocery shopping, the family therapist, handling school crisis, Mommy UBER.

Stop. When was the last time?

What? LORD, I don't have time for this now. Doctors' appointments for the kids. I missed my own appointment. Now the school called—again.

Breathe. When was the last time?

When was the last time you placed Me as the center of everything? When was the last time you spoke to Me? When was the last time you allowed Me to give you comfort?

Relax. When was the last time?

Father, have I given pieces of my humanity to so many different areas that I have forgotten about me *and* you?

Listen. When was the last time?

You rode with the car windows down, with your arm out the window doing waves in the wind. Played loud music dancing around the room for no reason. Ate an ice cream cone while it melted and ran down your hand. Stood outside in a warm rain shower and played in the rain. Sat on a porch listening to the birds chirping, introducing a new summer season. Closed your eyes and felt the warmth of the sun rays on your face. Laughed uncontrollably until both your sides hurt with tears running down your face from pure joy. Wrote loving words from your heart to Me in your daily journal. Sat quietly and meditated on My Word as the evening sun disappeared in the western horizon.

Think. When was the last time?

When was the last time? Honestly, LORD, I don't know. I'm always busy and tired. Have I forgotten to have fun or am I just in the "make it happen" moment all of the time? Everyone has always depended on me. No one will understand that I just need a "when was the last time" moment.

Exhale. When was the last time?

My Word in Ecclesiastes 3:1 states there is an appointed time for everything. And there is a time for every event under heaven. There is a proper time and place in everything you do. If you don't find the balance between all things with Me, the God of the universe, then you are living an empty and unfulfilled life.

While you are trying to do everything and take care of everyone, do you have any time for Me? I will never leave you nor forsake you, are My words written in Hebrews 13:5. So, whenever you are ready, I got you.

Now is the time.

Cynthia is married to Dale, they have four children and three grandchildren. Cynthia has been a member of OCBF since 2015 and now currently serves as the Director of Children's Ministry

An advocate for the lives of children and youth for over 20 years, she founded Cynthia Y Dixson Ministries to provide a platform to boldly minister, provide solutions, and motivational tactics to children's ministries, youth ministries, and parents of children with disabilities.

She enjoys gardening and having quality time with her husband and children.

Her life scripture is James 5:16, "The effective, fervent prayer of a righteous man avails much".
