

## Seeing the Supernatural

*Ephesians 1:17-23*

### Introduction

As physical, embodied beings we live and operate in the physical realm. However, if we want to experience the supernatural we must begin to view our world and our lives through a spiritual lens. In Ephesians 1, Paul wrote to the church at Ephesus and gave them four tips for developing a spiritual perspective in order to access the supernatural. First, he tells them that he prays that they might see the spiritual at work: “I pray that the eyes of your heart may be enlightened” (Ephesians 1:18). Prayer is one way that we can begin the process of seeing life with a spiritual lens. In prayer we enter into intimate, spiritual conversation with God inviting Him to help us see Him supernaturally at work in our world.

Second, Paul says that we can access the supernatural because we have the power of God available to us. This is the same power by which Christ was raised from the dead (Ephesians 1:19-20). Third, Paul goes on to note that as believers we have been positioned in the same place, the “heavenly places” where Christ is now seated (Ephesians 1:20; 2:6). Through Christ we have access to the same supernatural place of authority where Christ rules over “every rule, authority, and power” (Ephesians 1:21).

Lastly, Christ rules over the supernatural in the context of the body of Christ (Ephesians 1:22-23). The church is the place where the supernatural is to be understood and experienced. As Paul later states in Ephesians 4, we experience more of God and grow into spiritual maturity as the people of God minister to another within the body of Christ (Ephesians 4:15-16).

What does this mean in the practical everyday life of the believer? Operating in the supernatural is possible. However, it is not automatic. Prayer, Christ’s resurrection power, access to the heavenly places, and God’s people are God’s means to see the supernatural work of God in our lives.

### Getting Started

1. Prayer. Power. Place. People. Describe how these four key areas of operating in the supernatural have impacted your life?
2. Have you ever seen God work in a supernatural way in your life?

### Let’s Get Personal

1. Have you ever attempted to look at a certain situation in your life with spiritual eyes? Did that make a difference? How?
  2. Do you pray for a spiritual perspective? Has God ever opened your eyes to see Him at work in a situation you thought was beyond help?
  3. How have you seen God’s resurrection power at work in your life? Describe a situation where God’s power showed up even in the midst of your weakness.
  4. How connected are you to God’s people? How does your connection with the body of Christ help your spiritual outlook? Describe how your involvement in the church impacts your personal walk with Christ.
  5. Do you have a practical example of what it means to operate in heavenly realm in your day to day life? Share that with your group.
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### Take the Next Step

1. Solemn Assembly in the new year is coming up. Start giving some thought to what you would like to make a focus of prayer. Share with your group.
2. What would you like to adjust or change in the near year as it relates to your engagement with your local church? How do you think this will help you increase your spiritual perspective?
3. What will you do practically this week to make more time to spend with Jesus?
4. Would you like to read and reflect more? Read the story of the servant of Elisha in 2 Kings 6:8-17. Describe how prayer had an impact on his spiritual outlook. You can also read Ephesians 3:14-21 for further group discussion.

### Renew Your Mind

*"I pray that the eyes of your heart may be enlightened..." Ephesians 1:18*

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