

## Power in your Palate

*Mark 11:20-26*

### Introduction

In Mark 11:20-26, Jesus was walking with His disciples and they recognized that as a result of Jesus' curse spoken upon the fig tree (v14), what was previously alive had withered. Jesus used this situation as a lesson to teach them to have faith in God and to operate in the authority of our Lord when we speak. He demonstrates that there is power in your palette (your words) when you speak the will of God in faith.

He says to them, "Truly I say to you, whoever says to this mountain, 'Be taken up and cast into the sea,' and does not doubt in his heart, but believes that what he says is going to happen, it will be granted him." (v.23) The mountain represents adversity or difficulty and the disciples are encouraged to speak to their situation of difficulty without doubt so that it will be moved.

We too, are called to speak God's perspective into a situation of difficulty. The combination of speaking and believing carries with it authority to deal with whatever the mountain is in our own lives. Speaking to a situation then becomes the action which is the evidence of your faith and God responds to that. We find that Jesus himself in Mark 4:1-11 uses this concept of speaking to a situation by using God's perspective when he is facing the Adversary. While being tempted, Jesus speaks Scripture because it carries with it power and authority to overcome mountains.

As believers we are called to pray to God, but in doing so, we often forget that God allows us access to His power over our situations through speech. We must remember that we have authority through Christ to speak God's Will into a situation. In this way God is our power source and flipping the light switch grants you access to the light. Our speech flows from our beliefs. According to 2 Corinthians 4:13, we believe, therefore we speak. Let your belief control what you say when you are facing trouble and stand firm in the knowledge that your speech is supported by God's authority.

### Getting Started

1. We are often reminded that we have authority in Christ yet we have trouble applying this authority in our lives. What are some reasons we have a difficult time acting in faith?
2. Does the way you speak about a situation line up with your faith concerning a mountain you are facing? Why or Why not?

### Let's Get Personal

1. We must understand that you cannot simply speak your own will and expect to receive; rather you must speak God's will into a situation in order to see a mountain moved. Think about a time when you were clearly speaking your own will over God's will into your life and share with your group.
2. When you pray do you recognize the authority in Christ to speak to your hardship?

### Take the Next Step

1. What are some situations you may need to speak into now? What can you do this week to incorporate the authority of speaking God's will, in light of your circumstance, into your prayer time?
2. It is possible that you may be canceling out what you say you believe by what you are actually saying? This week, practice speech that is directed by your faith, and not by your sight.
3. Want to dive deeper into this topic? Read Matthew 4:1-11, Romans 10:8-13, and 2 Corinthians 4:13.

### Renew Your Mind

*Therefore I say to you, all things for which you pray and ask, believe that you have received them, and they will be granted you.*  
*Mark 11:24*

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